

\*Pending University admission\*

## Namaste,

My name is Krishna and I am twenty years old. I was born in Nepal in a small poor undeveloped village with no roads, no water, and no electricity and there were only mud houses. There wasn't any school, medicine, good food or any comfort at all. Then my father died when I was one year old. After a few months my mother took me with her somewhere where I was treated so violently that my head was completely bald from them pulling out my hair. Then my mother left me at my uncle's house and she went away forever. We had no clothes in winter to cover ourselves, no shoes, and no warm hat. When I think about those moments from the past I get so sad but at the same time I feel grateful to be in Ramana's.

When I was 5 years old the Maoists came to my village. They were very violent and were taking children and men with them to train them as Maoists and selling the girls to brothels. When my uncle heard that Ramana's was a home for poor and destitute children, we ran away from Nepal at night so they wouldn't see us escaping. My uncle brought me to Ramana's when I was 7 years old. Prabha Ji gave me a home and she also employed both my aunt and uncle to cook food for the kids in Ramana's Garden. After I started living in Ramana's I got the best education, best food, best people to care for me and to love me, and to help me be happy. My heart is in Ramana's and it's my only paradise.

Prabha Ji is an angel who has just created by God for children like us. She is an amazing woman, very strong and very kind hearted. She treated me and the other kids as her own kids. She is my father and mother. She has always been there for me whenever I needed anything or whenever I was sick, sad and in any difficulties. She is always by my side. She works so hard, even very late at night while we are sleeping so that we can get a good education and have good facilities to make our future bright. Without her nothing would be possible. What I am today is just because of her. Without her I would be somewhere, illiterate with no good fortune. I love her so much like my mom. I have gotten motherly love and as well as fatherly love from her. She gave me whatever I needed in my childhood so that now I don't regret why my mother and father left me alone in this world. Because of Prabha Ji now I have a big loving family with so many brothers and sisters and teachers.

I have always been good at school and achieved high marks. So I went to Punjab to study at Miri Piri in Amritsar for my 11<sup>th</sup> and12<sup>th</sup> grade. There I also did Kundalini yoga training and now I am certified as a Kundalini yoga teacher. Ramana's Garden gave me so many opportunities that I wouldn't have gotten anywhere else. From living in Ramana's I now can speak very good English, do yoga and meditation, and dance. I have gotten lots of confidence that will help me when I will go out in the world and I won't struggle to make a good living. While I am studying to take my 12<sup>th</sup> open board exam, I have taken one year off to think what I really want to do in my life. This year I taught a Kundalini yoga class and I am learning a lot from my teaching experience. Now I want to study psychology and yoga in university. I want to help make people happy, holy and healthy through my yoga and meditation techniques combined with my psychological knowledge. I also want to learn Reiki. I really want to bring happiness and peace to the world through my service to people and to help individuals to find their inner peace.

Ramana's is a unique place in the whole universe. Ramana's is filled with love, security, and happiness. I am fortunate to live in Ramana's. I never want to permanently leave this place because I enjoy it here so much and I get so much love. In Ramana's all the children love each other like one family, care for each other and live in unity. We have so much positive energy and unconditional love. When I finish my education I want to come back to Ramana's and help other kids in future to explore themselves through yoga, meditation and through art. Ramana's is a garden and we kids are all the buds that will bloom tomorrow to create a better world.

Thank you so much!